



Activity: Scrapping Journal

Background:

There's no better way to understand your environmental impact than keeping a detailed record of it. In this exercise, students will record everything they throw away and everything they recycle over a seven-day period for class reflection.

Point Value:

12 points

Key Themes:



Scrapping



Energy
Conservation



Writing

Procedure:

1. Have your students use the Scrap Journal template provided to record everything they throw away and everything they recycle over a seven-day period. Remind them daily to fill out their journals.
2. On the eighth day, have them answer the journaling impact questions provided. Hold a discussion about the exercise.

Materials:

Provided by Museum:

- Journal template

_____ 's SCRAPPING JOURNAL

MONDAY

What did I throw away today?

What did I recycle?

TUESDAY

What did I throw away today?

What did I recycle?

_____ 's SCRAPPING JOURNAL

WEDNESDAY

What did I throw away today?

What did I recycle?

THURSDAY

What did I throw away today?

What did I recycle?

_____ 's SCRAPPING JOURNAL

FRIDAY

What did I throw away today?

What did I recycle?

SATURDAY

What did I throw away today?

What did I recycle?

_____ 's SCRAPPING JOURNAL

SUNDAY

What did I throw away today?

What did I recycle?

REFLECTION

1. What did you throw away and recycle the most of?
2. Did your habits change throughout the week? Did you throw away or recycle more or less because you were keeping track?
3. Were there any materials that you threw away that could have gone in the recycle bin instead?
4. After doing this this exercise for a week, do you think it will change your habits? Why or why not?
5. How do you think you can make it even easier to recycle in your life?